



Signs of Autism

One of the most important things you can do, as a parent, is to learn the early signs of autism and become familiar with the typical developmental milestones that your child should be reaching. Early signs vary widely, most will be more obvious around the age of two or three. Just know that all children with autism may not show all the signs and this is why a professional evaluation is crucial. - Autism Speaks.

Autism Speaks

Autism and how ABA works

Vanderbilt TRIAD

Children's Center for Autism

Getting the most out of your DT visits!

Children learn best in their natural environments and best with familiar people, while they are doing meaningful, everyday things like getting dressed, playing, eating, or other chores around the house. So please continue to do whatever is planned while your EI is visiting. Your visits are also very important to not only us, but to you as a family. If need to miss a visit, please reschedule another time with your EI. We love to see great attendance from you.

FGRBI for families

Tips for families on Tele-intervention

Springtime Activities

Spring is finally here. YAY! Time to get outside and enjoy the weather. Hopefully you can find lots of things to do in your very own yard or take a day at the park and enjoy the rays of the sun. As a kid, we loved to play in the mud and make mud pies, help water the garden and explore Mother Earth. Here are a few fun things to do with your little one.

Outdoor Activities all free ideas to enjoy.

Toddler nature fun activities



Click on picture for video

Child Spring Safety

While we are outside, exploring and having fun, we also need to think about child safety. Whether your little one is only a few months old, a toddler, or even school age, we all need to take some precautions.

Mowing the Yard safety– Yes it may be fun to have little one ride, however it is not safe.

Gun Safety– Please be aware of where guns are at all times and out of sight and reach of children.

Edible Marshmallow Play Dough:

Ingredients:

- 6 large marshmallows
- 1/4 cup corn starch
- 2 tps Coconut oil
- 12 drops liquid food coloring



Instructions: add marshmallow, corn starch, and coconut oil to microwave safe bowl. Microwave on high 30 seconds until marshmallow expands. Add food coloring and stir with spoon to combine all ingredients. When too hard to stir, kneed by hand until color and ingredients are completely combined. If too sticky, add more corn starch, if still too sticky, add coconut oil (cover hands in coconut oil so won't stick to hands). Play with it on a non stick surface, such as parchment paper or a silicone backing mat. Have fun!



Spring Sensory Bins/containers

Babies and toddlers love to explore and learn through hands-on tactile play that engages their senses. You can buy material at local dollar stores, art stores, or use items from outside that you collect on your nature walk. Name each item for your little one, talk about the way it feels, looks, and smells.



Click picture for video

Easter Activities



Easter Egg Smoothie Popsicles:

Save those plastic eggs and make a cool treat



Click picture for recipe:

Resources:

<https://babynavigator.com/16-gestures-by-16-months/>

<https://teachmetotalk.com/category/podcast/>

<http://fgrbi.com/resources-for-families/>

<https://cdctn.org/early-intervention>

Events:

Parent and baby (birth to 2) activity group for all parents April 15th 10:30-11:30 Giles County Library

April 1st 9-10 [Under water Egg Hunt Shelbyville](#)

April 7-8 11am-4pm [Lucky Ladd farms Easter Egg hunt](#)

April 13th 5-8 [Discovery Center Murfreesboro](#)– All access night for special-needs, free.

